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# Adult Health Record for \_\_\_\_\_ (Name of the pet)

The following tables can be used to record basic data and procedure information that pertain to
your pet. Table #1 is for recording information about your pet when it is healthy. This data should
be taken while the pet is AT REST, at different times, and on different days. After several days of
recording this information, an average for the pet can be calculated. When problems arise, use
the physical exam sheet on page I 632 of the Appendix to evaluate the dog. The "normal, resting
numbers" on this page can then be compared to the numbers recorded on the physical exam
sheet. For help on the proper ways of obtaining the following information, refer to the pictures and
captions in Section B of this manual. Table #2 is where medications and supplements can be
recorded. Table #3 is where vaccinations, and de-worming procedures can be recorded. Surger-
ies and problems can be recorded on table #4

Table #1		 _	Average
Date:			
Weight			
Heart Rate (Beats/Min)			
Respiratory Rate (Breaths/Min)			
Temperature (Degrees Fahrenheit)			
Capillary Refill Time (CRT) in Sec.			
Mucous Membranes (M=Moist, P=Pink, D=Dry, R=Red/inflammed, Pa=Pale)			

### Table #2

Medication or Supplement	Problem Being Treated	Dosage and Frequency of Administration	Route Given PO=Oral, IN=Intranasal, IM=Intramuscular, SQ=Subcutaneous, IV=Intravenous	Response to Treatment



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### Table #3

Procedure Performed (Vaccination, de-worming, heartworm prevention, etc. Include manufacturer and lot #)	Date	Administered By	Route Given PO=Oral, IN=Intranasal, IM=Intramuscular, SQ=Subcutaneous	Where Given Neck, Back, Left Leg, Right Leg, Orally, Shoulder, etc.	Problems or Reactions

### Table #4

Past Problem or Surgery	Date of Problem or Surgery	Treatment or Type of Surgery	Response to Treatment or Surgery